

1 CHOOSE YOUR BOWL



FLORIPA

250ML
8,50€



RIO

350ML
10,50€



BELÉM

450ML
11,50€

2 MAKE YOUR BOWL

Banana
Strawberry
Almond
Pumpkin Seed
Granola
Chia Pudding
Chia
Peanut Butter
Coconut Flakes
Oat
Goji Berry
Milk Powder (Nido)
Condensed Milk
Cacao Nibs
Coconut Powder
Corn Flakes
Honey
Mango Puree
Quinoa Puffs

UNLIMITED

BEST SELLER COMBO

Muito Bom

Topped with: Banana, Granola, Milk powder, Condensed milk

Hengli's Bowl

Topped with: Banana, Strawberry, Chia, Granola, Peanut Butter, Coconut powder

COCO BOWLS

Dine in only



COCO BOWL

Dine in only

THE CLASSIC

11,90€

Blended with: Açai Guarana



Topped with: Banana, Strawberry, Blueberries, Granola, Peanut Butter, Chia

THE ORIGINAL

Blended with: Açai Guarana

Topped with: Banana, Granola, Milk powder, Condensed milk, Pacoca

MAKE IT FANCY

Kiwi 0,50€
Paçoca 0,50€
GR'EAT Granola  1,00€
Almond Butter 1,00€
Hazelnut Butter 1,00€
Pistachio Butter  1,50€

Blueberry 1,00€
Bee Pollen 1,00€
Whey Protein 1,00€
Vegan Protein 1,00€
Passion Fruit 1,00€
Collagen 1,00€

SMOOTHIES



RIO

350ML
8,90€



BELÉM

450ML
9,90€

PB: Açai, Banana, Peanut Butter

Hazelnut : Açai, Banana, Hazelnut Butter

Mix Berries: Açai, Red Berries

The Booster: Açai, Whey, Banana, Maca

SPECIALITY COFFEE

Espresso	2,80€
Double Espresso	3,30€
Americano	3,80€
Cappuccino	4,00€
Flat White	4,50€
Latte	4,90€
Spanish Latte	5,00€
Dark/White Mocha	5,50€
Caramel Macchiato	5,50€
Extra Shot, Syrup, Decaf	0,50€

WELLNESS KEY



PLANT BASED MILK

Almond, Oat, Coconut
WITHOUT EXTRA COST

DRINKS (HOT OR ICED)

la cai

healthy, not boring®

SIGNATURE DRINKS

Peanut Butter Latte	5,00€	Matcha Fusion	5,00€
Peanut Butter, Oat Milk, Espresso, Agave		Matcha IRO, Callebaut White Chocolate, Oat Milk	
Almond Butter Latte	5,50€	Pumpkin Spice Latte	5,50€
Almond Butter, Oat Milk, Espresso, Agave		Pumpkin Spice Syrup, Espresso, Oat milk, Spices	
Pistachio Butter Latte	6,50€		
Pistachio Butter, Oat Milk, Espresso, Agave			

TEA BASED

Dirty Chai Cardamon	5,50€
Chalo Chai Cardamon, Espresso, Oat Milk	
Chai Latte	5,00€
Chalo chai powder, Oat Milk, Cinnamon	
Matcha Latte	5,50€
IRO Matcha, Plant based Milk	
Pumpkin Matcha Latte	6,00€
IRO Matcha, Pumpkin spice, Oat milk, Spices	
Mango Matcha	6,00€
IRO Matcha, Mango puree, Coconut Milk, Ice	
Ginger Hottie	4,00€
Ginger Shot, Agave, Hot water	

HOT CHOCOLATE BAR

1

Callebaut Belgian Chocolate
Dark Chocolate
White Chocolate

2

Peanut Butter
Hazelnut Butter
Almond Butter
Mango
Cayenne Pepper
Timut Pepper
Cinnamon
Ginger
Amaretto
Caramel
Yuzu
Vanilla
Pistachio Butter

CHOOSE ONE

1,00€

Extra:

Marshmallow 1,00€
Whipped Cream 1,00€

6,00€

